

# The ABC's of Fruits and Vegetables



**Brain Day**

Illustrated By: **Melony Jacobson**



**FreeKidsBooks.net**

*FKB-ID: 00013*

# The ABC's of Fruits and Vegetables

---

*This book is dedicated to:*

All of the kids that love learning  
and share my love of speed.

- Brain Day

# Copyright

---

Copyright © 2023 by PAYABLE USA Inc.

All rights reserved.

No portion of this book may be reproduced in any form without written permission from the publisher or author.

To request permission, contact the publisher at:  
**[publisher@freekidsbooks.net](mailto:publisher@freekidsbooks.net)**

Paperback ISBN: **{{ISBN}}**

First paperback edition: **October 2023**

PAYABLE USA Inc.  
19266 Coastal Hwy, Unit 4-1164  
Rehoboth Beach, DE 19971 US

[FreeKidsBooks.net](http://FreeKidsBooks.net)

*FKB-ID: 00013*

# The ABC's of Fruits and Vegetables

---

Written By

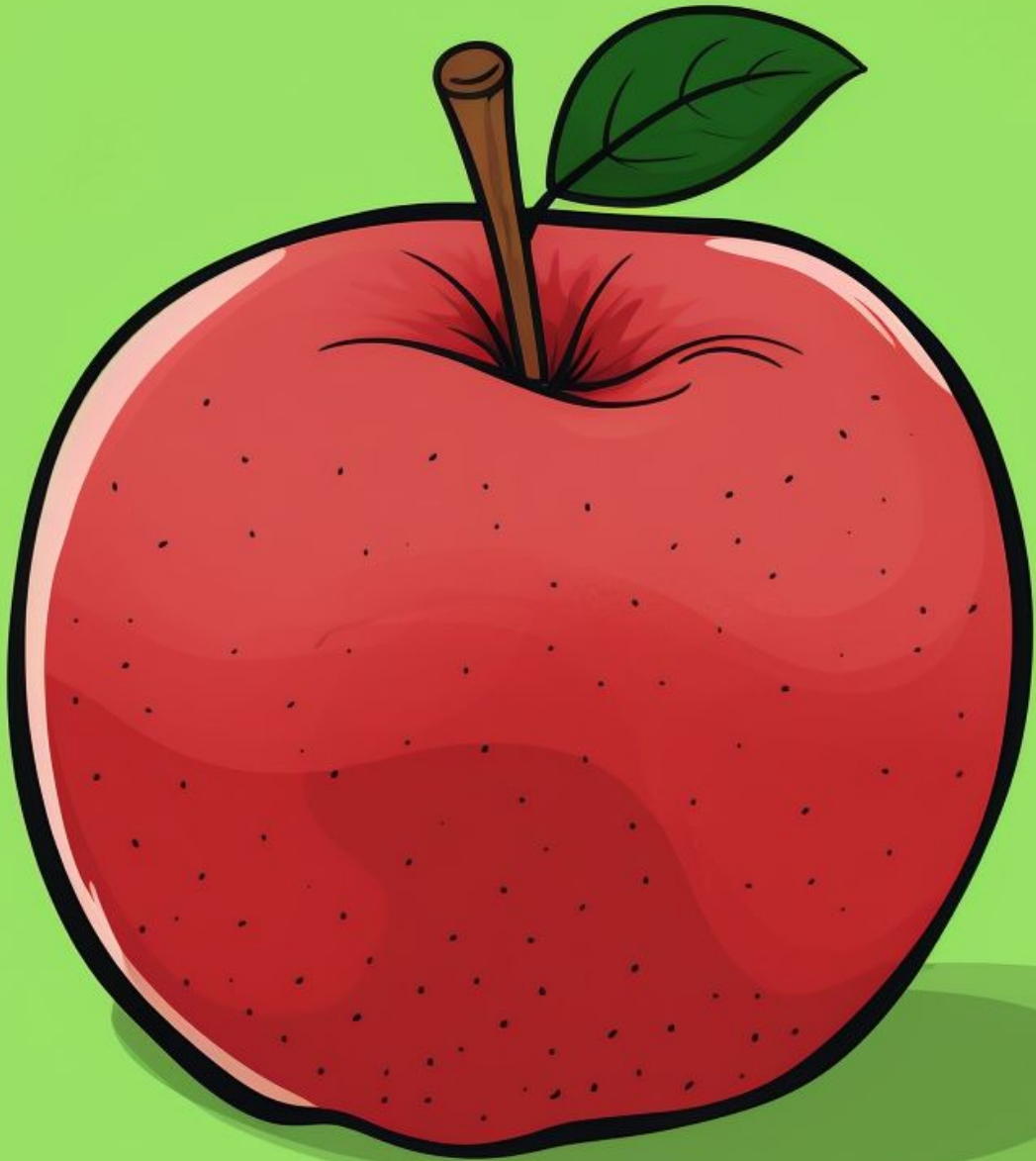
**Brain Day**

Illustrated By

**Melony Jacobson**

Narrated By

**Beverly Jacobson**



# Aa

– is for –

## Apple

An apple is a crunchy and sweet fruit that comes in different colors like red and green.





# Bb

– is for –

## Banana

A banana is a yummy, curved fruit  
that's easy to peel and eat.



Cc

– is for –

**Carrot**

A carrot is like an orange stick that rabbits love to munch on, and it's good for you too!



# Dd

– is for –

## **Dragon Fruit**

Dragon fruit is a unique fruit with bright pink skin and white or red flesh, and it's super tasty.



# Ee

– is for –

## Eggplant

An eggplant is a purple vegetable that you can cook into delicious dishes like eggplant parmesan.



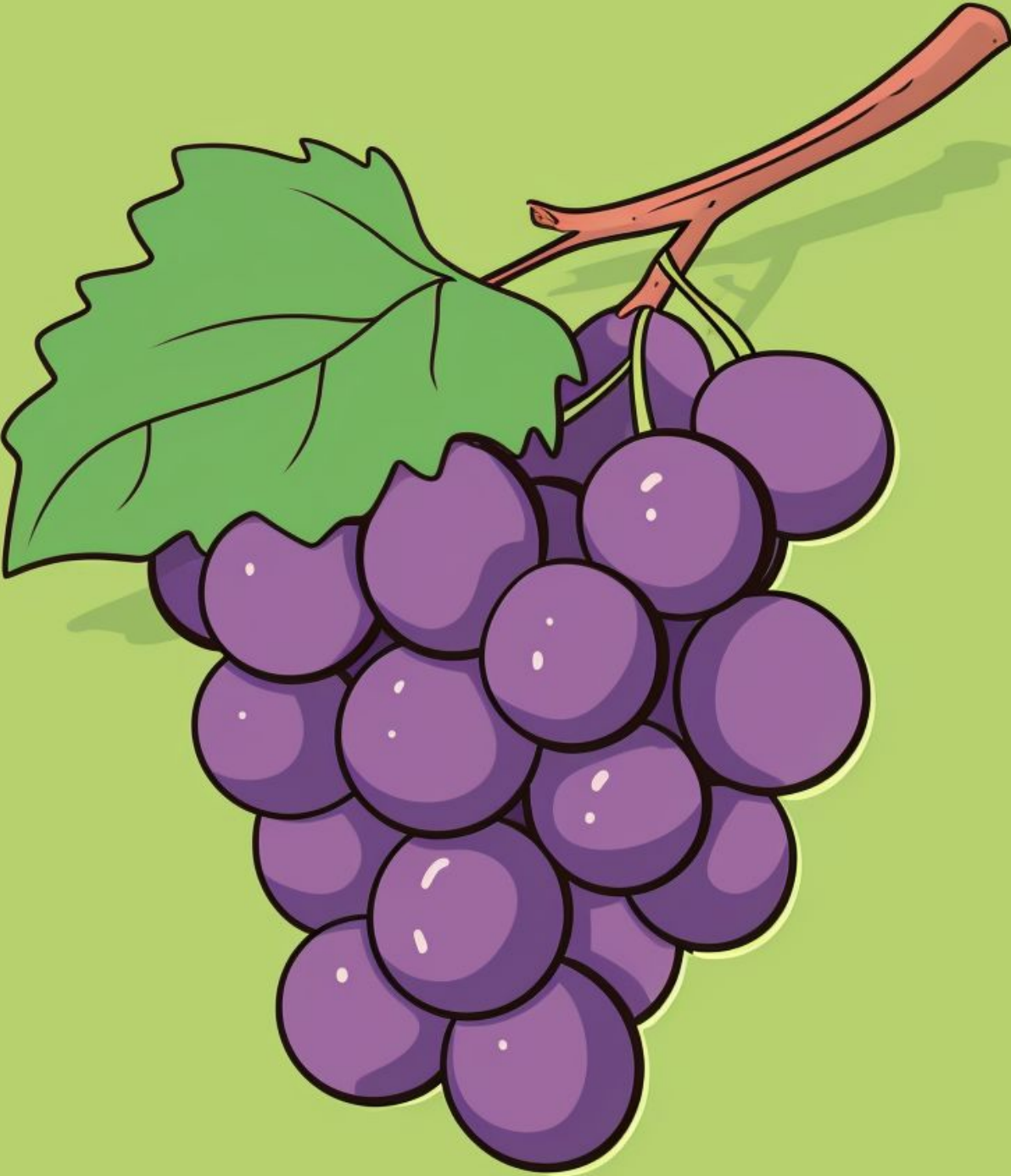


# Ff

– is for –

## Fig

A fig is a small, sweet fruit with soft, chewy insides and tiny seeds.

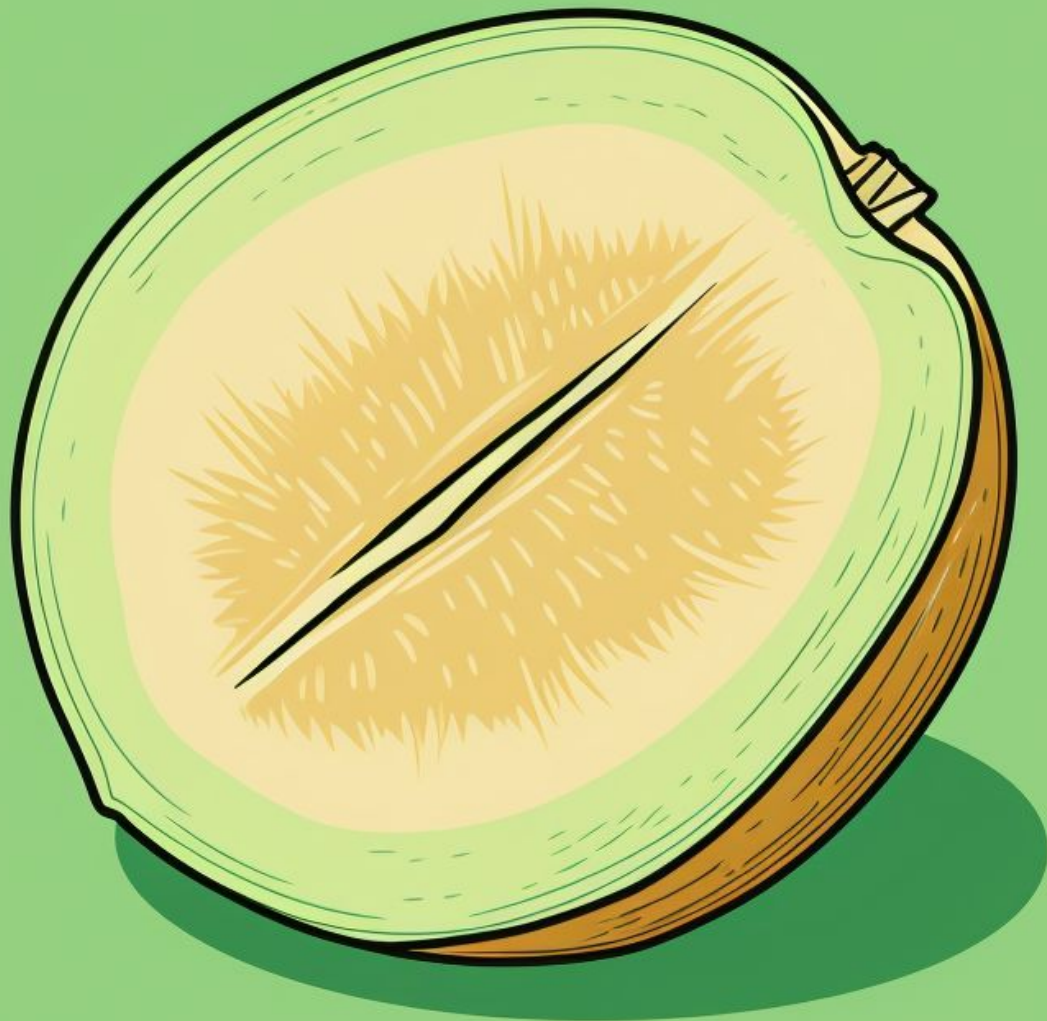


# Gg

– is for –

## Grapes

Grapes are like tiny, juicy balls you can eat, and they come in different colors like green and purple.



Hh

– is for –

## Honeydew Melon

Honeydew melon is a green fruit that's super sweet and refreshing when it's cold.

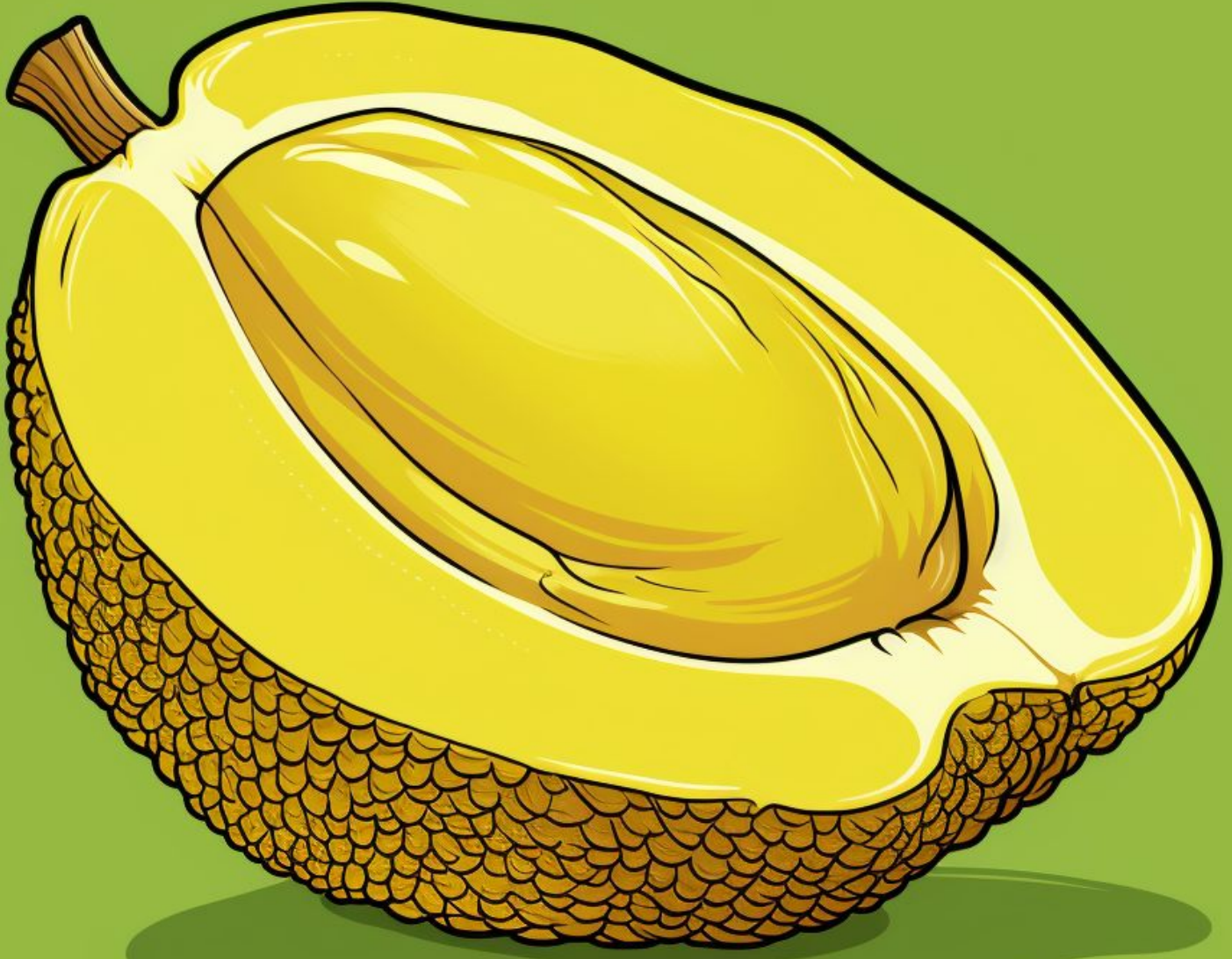


Ii

– is for –

## Iceberg Lettuce

Iceberg lettuce is like crunchy, leafy greens you can use in salads and sandwiches.



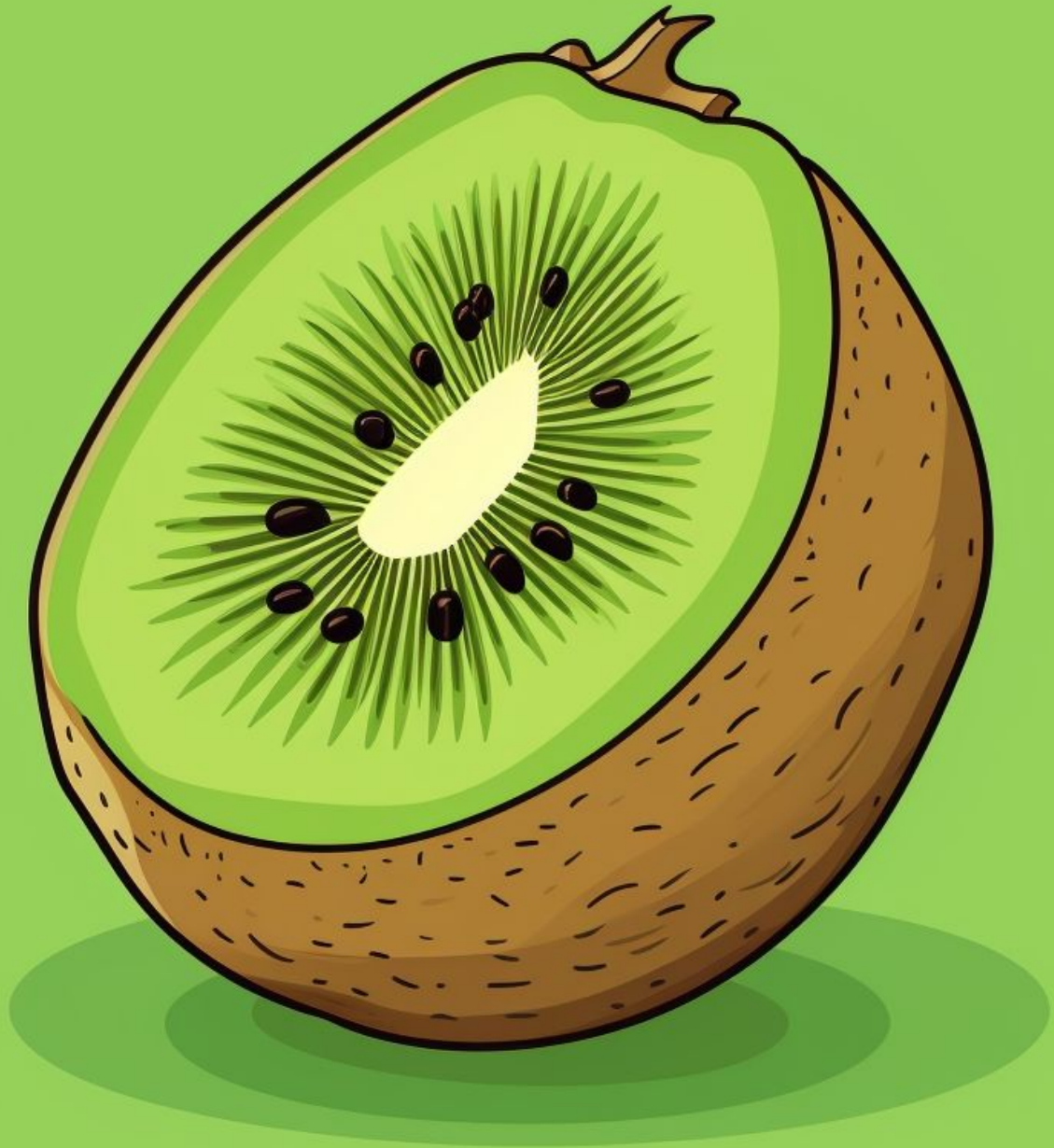


# Jj

– is for –

## Jackfruit

Jackfruit is a giant, spiky fruit with sweet and fibrous flesh inside.

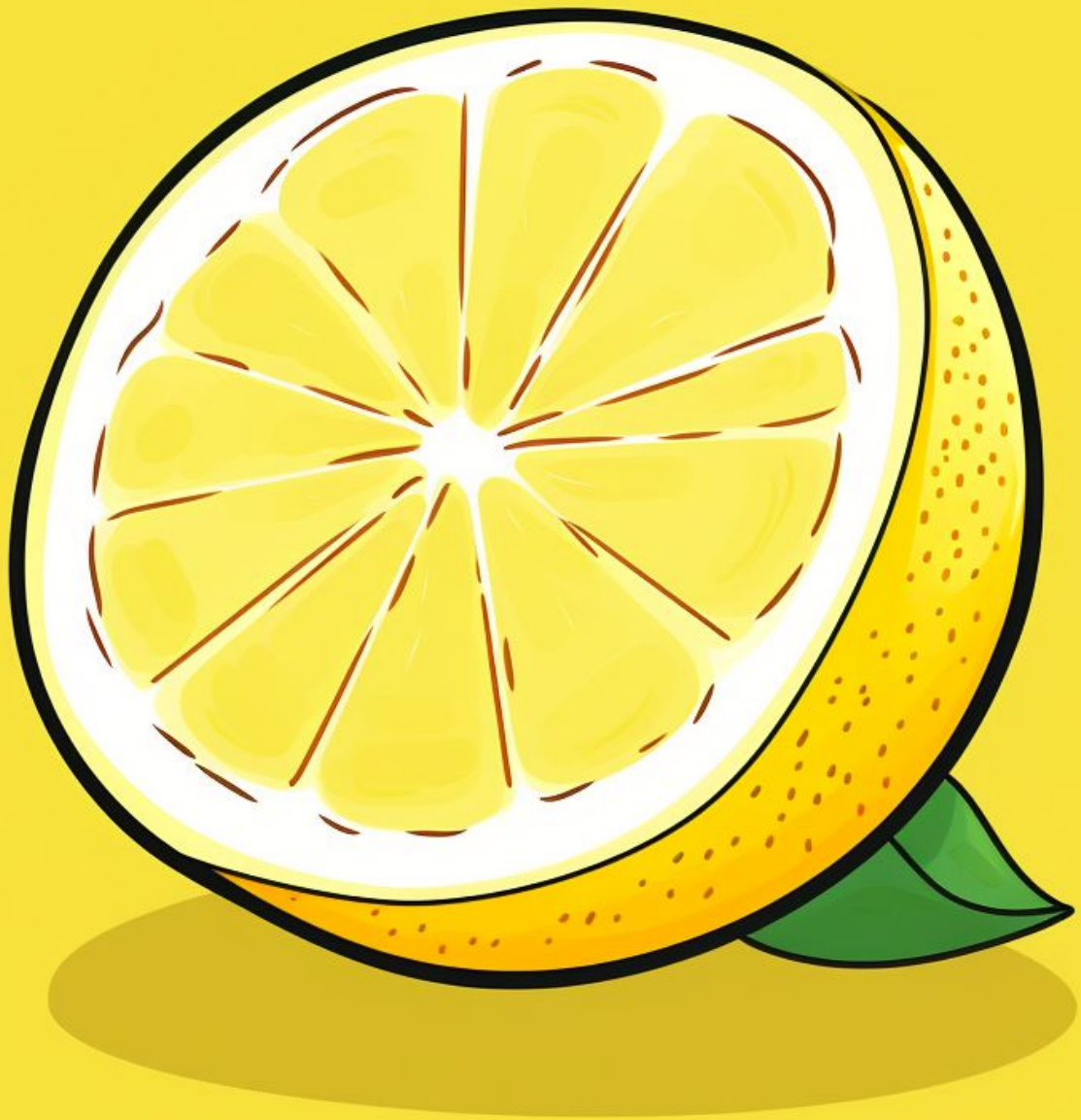


# Kk

– is for –

## Kiwi

Kiwi is a small, fuzzy fruit with bright green insides and tiny black seeds.



L

– is for –

**Lemon**

A lemon is a sour and yellow fruit  
you can use to make lemonade and  
add flavor to dishes.



# Mm

– is for –

## Mango

A mango is a tropical fruit with sweet, juicy flesh that tastes like sunshine.





# Nn

– is for –

## Nectarine

A nectarine is like a smooth-skinned peach with sweet, juicy flesh.



Oo

– is for –

**Orange**

An orange is a round, juicy fruit that's packed with vitamin C and tastes super fresh.



Pp

– is for –

**Pineapple**

A pineapple is a spiky fruit with sweet, tangy flesh that's great for making fruit salads.

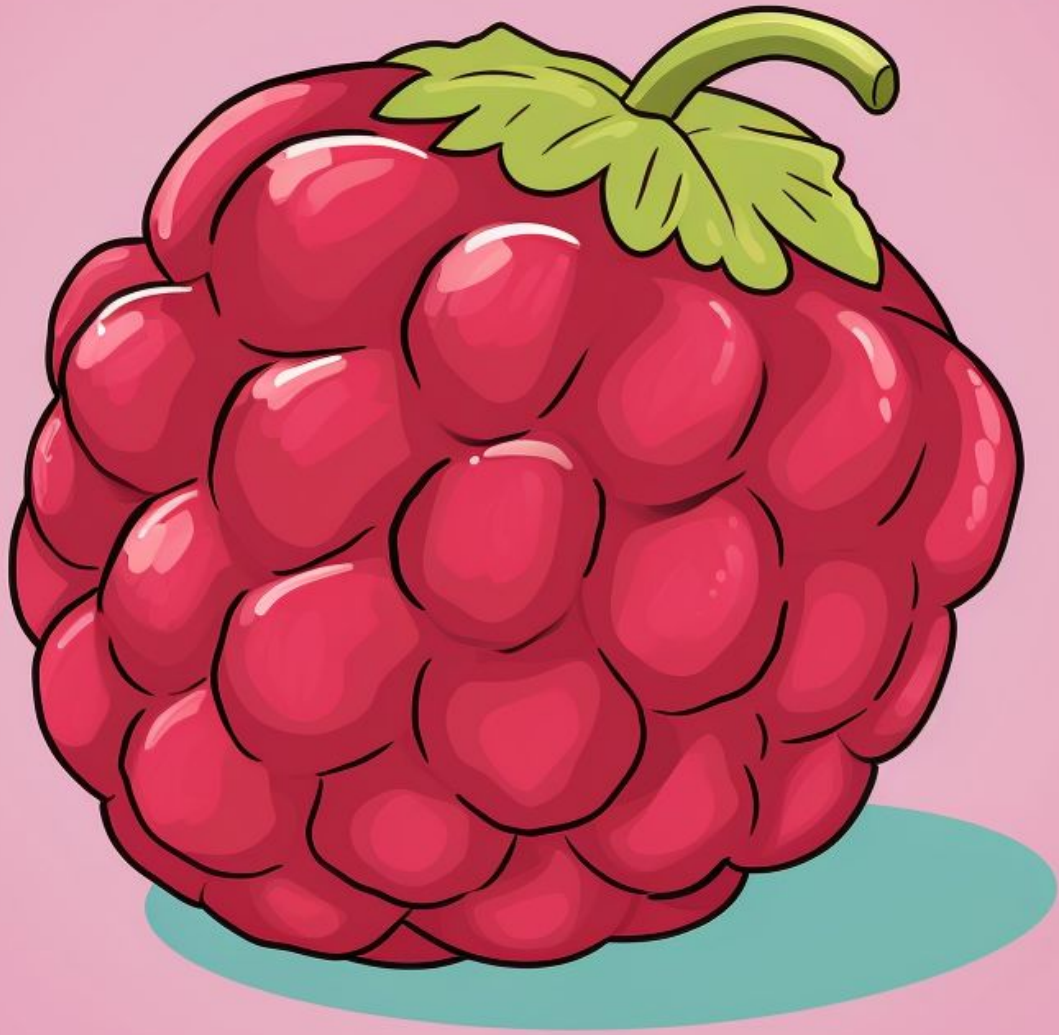


Qq

– is for –

**Quince**

Quince is a fruit that looks like a lumpy apple and is often used to make jellies and jams.





# Rr

– is for –

## Raspberry

A raspberry is like a tiny, red berry with a sweet and slightly tart flavor.



Ss

– is for –

**Strawberry**

A strawberry is a red, juicy berry that's perfect for snacking or putting on top of ice cream.

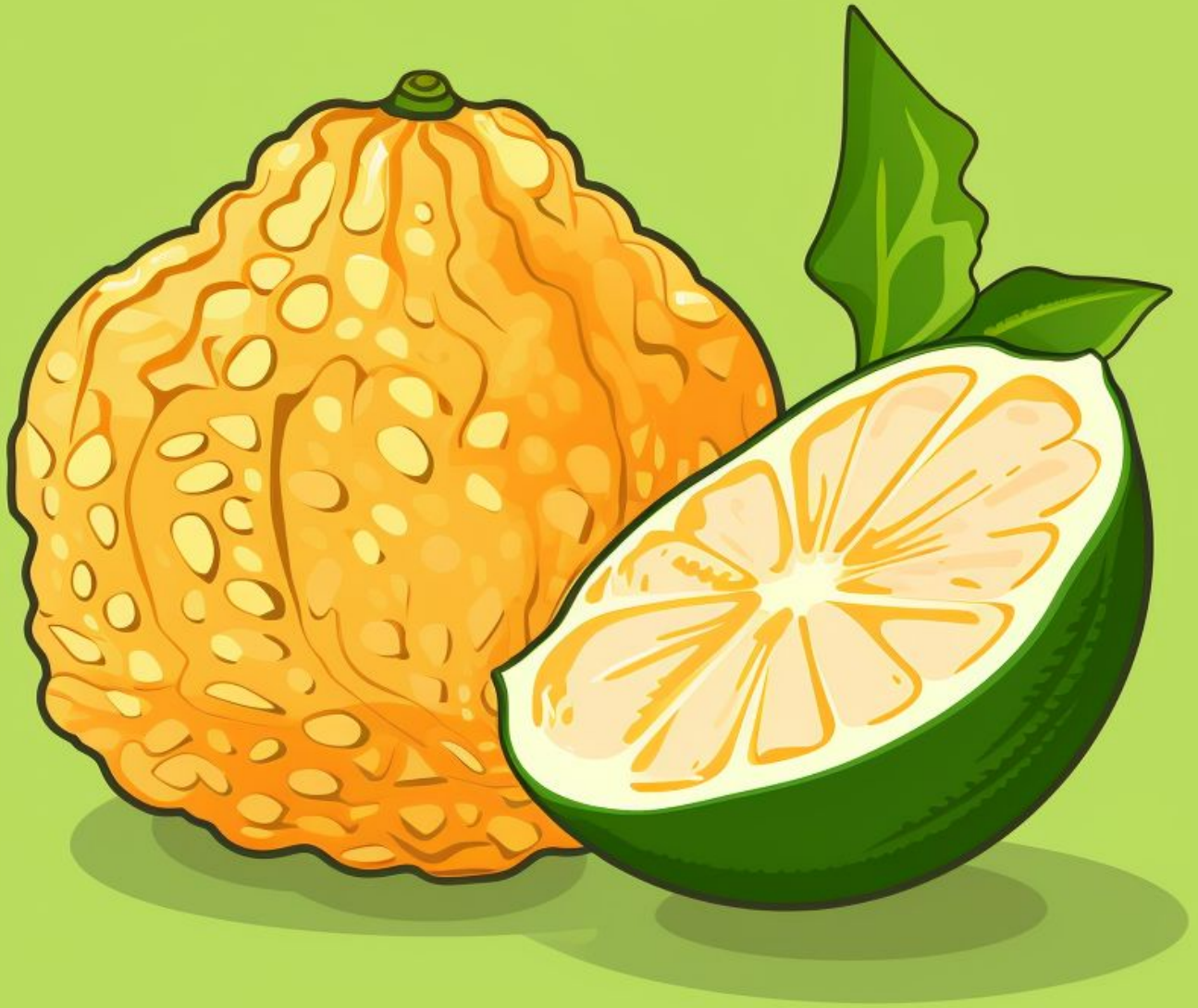


Tt

– is for –

**Tomato**

A tomato is a red or yellow vegetable that's used in salads, sandwiches, and pasta sauce.



Uu

– is for –

## Ugli Fruit

Ugli fruit is a funny-looking fruit with a rough, wrinkly skin and sweet, tangy insides.





Vv

– is for –

**Vine**

A vine is like a long, twisting plant that some fruits and vegetables grow on, like grapes and tomatoes.



Ww

– is for –

**Watermelon**

Watermelon is a big, juicy fruit  
that's perfect for hot summer days.

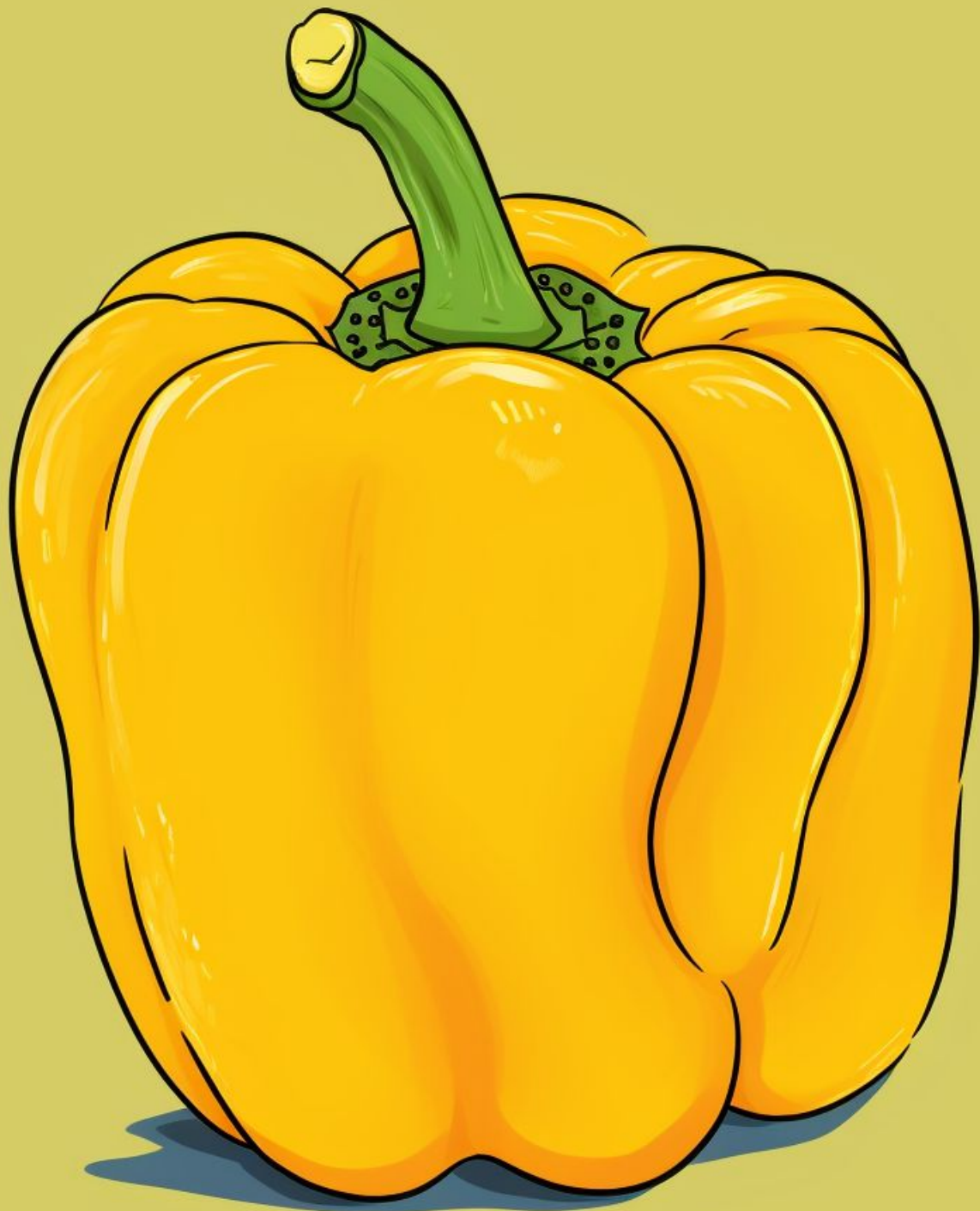


Xx

– is for –

**Xigua (Chinese  
Watermelon)**

Xigua is another name for watermelon, and it's a tasty, refreshing fruit.

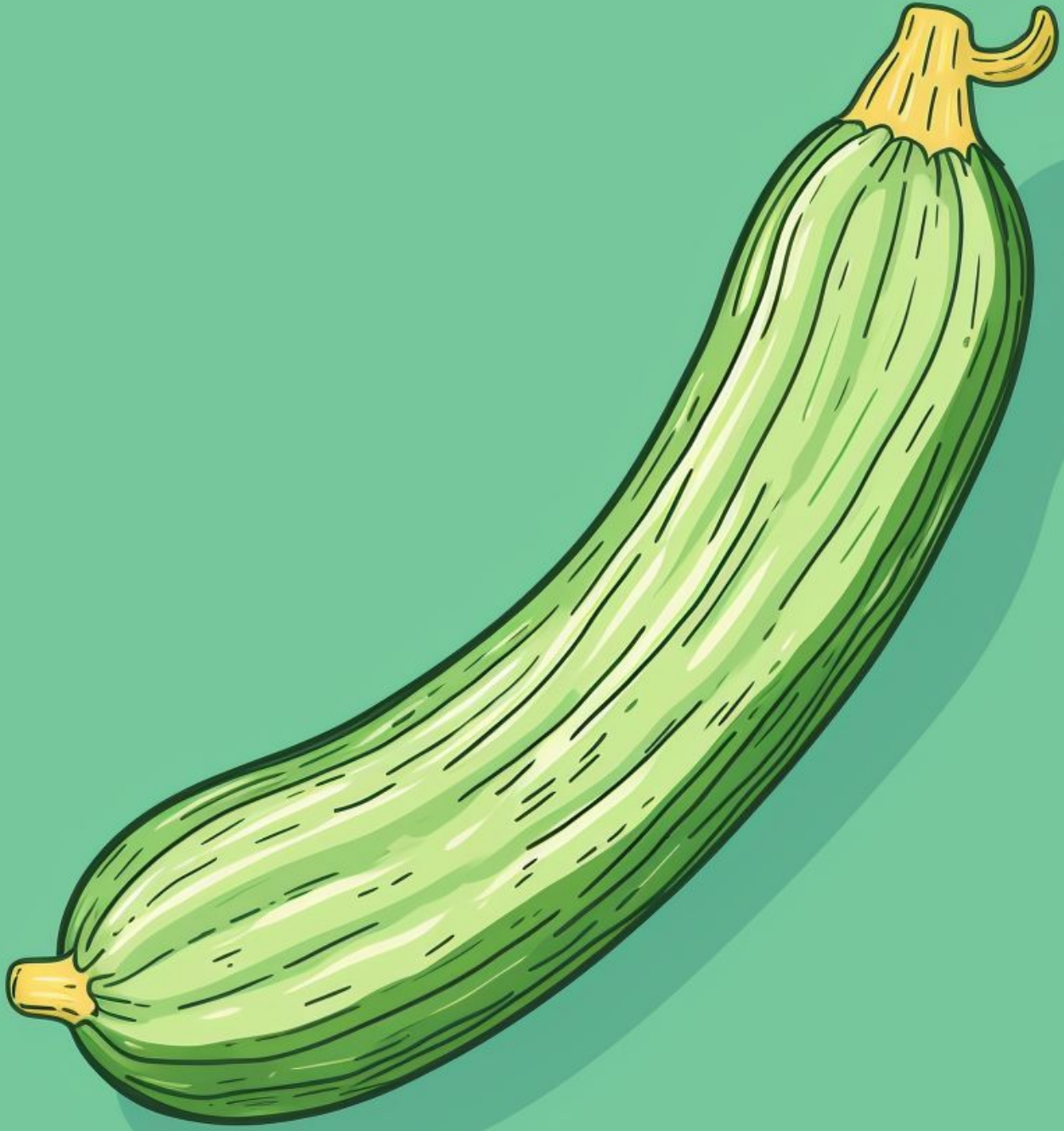


Yy

– is for –

## Yellow Pepper

A yellow pepper is like a crunchy vegetable with a sweet flavor and bright color.





# Zz

– is for –

## Zucchini

Zucchini is like a green vegetable that you can use in lots of recipes, like zucchini bread and stir-fries.

# The End

---

I hope you enjoyed this book.

Check the other ABC books we have and keep practicing!

*Thanks for reading.*

*- Brain Day*



**FreeKidsBooks.net**

*FKB-ID: 00013*

# The ABC's of Fruits and Vegetables



Teach your little one the ABC's with a collection of fun terms. Filled with bright illustrations. There is never been a more fun way for both kids and adults to learn the ABCs.

ISBN: {{ISBN}}

